# Ready for a wild summer? Take part in our summer nature challenge!

We've designed six activities to help you have fun, make the most of the summer, and benefit our local wildlife while you're doing so! These activities can be completed anywhere; from your home, at your local green space, or on a nature reserve.

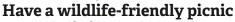
To take part, simply complete each activity and write the date you finish it in the spaces provided. When you visit a visitor centre, make sure you ask one of our friendly team to stamp your challenge with a special NWT stamp! We would love to see photos of you completing your challenges — please tag us on social media or send us photos and drawings when you submit your challenge. Even more nature challenge ideas can be found at norfolkwildlifetrust.org.uk/Actions



#### **Build a home for insects**

Even the smallest of species need somewhere safe to live! Create the perfect pad for bugs by foraging for stems and twigs and then designing an outdoor spot where they can shelter and nest.





Have a wildlife-friendly picnic by avoiding single-use plastic and storing your lunch in reusable containers. You could even get creative and pack some nature-inspired snacks! Hedgehogshaped rolls, anyone?





## Record a wild day

Recording wildlife is really important as it helps us to understand more about nature. Pick a day and challenge yourself to record every species you see or hear. You could make a list, take photos, or even draw each animal and plant. We'd love to see what you find!





Don't forget to get your challenge leaflet stamped!

## Enjoy a trip to a visitor centre

Visit us at Cley Marshes, Hickling Broad or Ranworth Broad and enjoy a fun, naturefilled day out with free admission for members and kids. Make sure you find one of our friendly team and ask them to stamp your challenge leaflet.





### Spot ten wildflowers

From buttercups to bee orchids, there are over 1,600 species of wildflower in the UK — and plenty of those live in Norfolk! Challenge yourself to find ten new wildflowers and learn more about the habitats they grow in.





## Clean up your local area

Help our wildlife and remove rubbish from your local area. Make sure you ask an adult to come with you and help you handle and dispose of any rubbish safely — don't forget gloves, bags, and litter pickers!



## What next?

You've completed your nature challenge — amazing! Make sure to download your challenge certificate and visit our website for lots more wild activities all year round.

#### Parents and guardians

To be in with the chance of winning £110 of NWT vouchers and a hedgehog adoption pack (worth £42), please send us your child's completed nature challenge along with your name and email address. You can enter by:

- Uploading a photo or scan of a completed challenge leaflet to the form on norfolkwildlifetrust.org.uk/Summer.
- Handing a completed challenge leaflet in at the reception desk of one of our visitor centres (please remember to include your details so we can contact you!)

The deadline for entering this competition is 12noon on Friday 10 October and terms and conditions are available to view on our website.

## Submit your nature challenge



## Who has completed the challenge?

Full name	Age	
Details of parent/guardian		
Details of parent/guardian		
By submitting this completed nature challeng	e, you confirm you are aged 18 or ove	r.
Full name		
Email address		
<b>Comments</b> Please let us know what you enjoyed about the su anything you feel could be improved. Thank you!	ummer nature challenge or if there is	
Please <b>tick here</b> if you are happy to recompaign and appeal information, excit		
We are committed to protecting your pr how we look after your data by visiting I	rivacy and security. Find out more about norfolkwildlifetrust.org.uk/PrivacyPoli	







## **Congratulations!**



completed the Norfolk Wildlife Trust

Summer nature challenge 2025

Date:



