



Walk Information

Start point: White Horse, 17 Chapel Road, Upton, Norfolk, NR13 6BT

Grid reference: TG 396127

Map: Ordnance Survey – Explorer OL40

Walking time: 3 hours

Walk Summary

This walk is one of a series of walks starting from the White Horse pub and is designed to help you explore the beautiful **Bure Valley Living Landscape**.

This particular route will give you spectacular views of grazing marshes and dykes, along with distant views of several drainage mills. It also follows the picturesque River Bure. Look out for dragonflies, water voles, kingfishers and herons.

Please note:

- Dogs are welcome on this walking route but should at all times be kept on a lead and under close control.
- At times this walk can be very muddy.
- Livestock may be grazing on the marshes.



Walk Notes

From the pub turn left down **Marsh Road**. At the crossroads turn left into

Prince of Wales Road, then take the signed footpath on the right (opposite Keeper's Cottage).

When you reach a bridge don't cross it. Take the permissive path on the left passing **carr** woodland on the left and freshwater grazing marshes on the right.

A **carr** is a woodland that is wet. In Norfolk the trees in carr woodland are largely alders which are uniquely adapted to growing in waterlogged soil.

Stay on the raised bank and take time to enjoy the views across the marsh.

An **interpretation board** gives environmental information. Continue along the bank passing two gates on the left marked 'no access'.

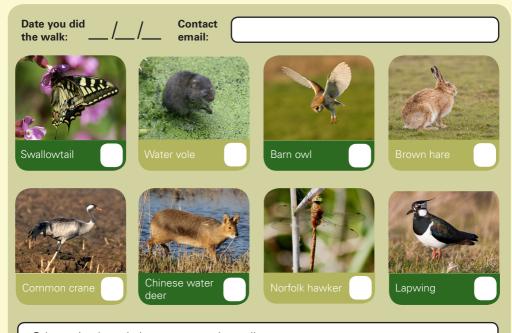
Eventually, on the left, you will see an entrance gate to **the fen** (if you have time and no dog, why not take the opportunity to explore the fen). Continue along the bank, past another interpretation board on the right.

Continue past the second fen entrance. Follow the path as it bears to the right until you reach a gate on the right.



Putting wildlife on the map

Help us protect the wildlife of the **Bure Valley Living Landscape** by telling us what you see whilst you are on this walk. Wildlife records are really important as they help us build a picture of what is out there. Keep your eyes peeled for the eight animals below, and tick the box if you see them. If you see any other animals or plants please add them in the white box.



Other animals and plants seen on the walk:

To submit your wildlife sightings for this walk:

Email: wild@norfolkwildlifetrust.org.uk Tell us what you saw, when you saw it and where you saw it.

Phone Norfolk Wildlife Trust: 01603 598333

Post: the completed walk leaflet in the wildlife record box at the White Horse Pub in Upton.

Submit your sightings online: visit www.wild-walks.org.uk

This walk was produced by Norfolk Wildlife Trust and Upton Walking Group. A great deal of care has gone into the production of this walk leaflet, but the people involved in the design of this walk cannot accept any responsibility for the misinterpretation of route descriptions nor for any accidents resulting from this walk.











